

Newborn Photography

I want you to look and feel your best for this session so here are some handy tips

Sessions last between 2 and 3 hours

Throughout the session I will be settling your baby, (unless breastfeeding) I will try to keep your baby with me as much as possible so that they become used to me.

I advise parents to remain seated throughout the session so that your baby cannot smell or sense you, babies have amazing senses and will not settle the same if you are next to me.

Please arrive 10 to 15 mins before your session is due to start if possible to feed your baby so they are nice and full so we can start on time.

Try not to let your baby sleep too much 2-3 hours before the session, but do not worry when they fall asleep in the car.

Dress your baby in something which is easy to remove and keep them warm in a blanket

Bring extra milk if not breastfeeding and a dummy if possible. This makes it easier for me to settle them and they won't be reliant on this after the session (nipple confusion isn't possible so don't worry about that) I move your baby quite a lot and babies suck to settle so this helps with the transition of poses. This isn't a necessity.

You may bring 1 outfit although I have outfits available for the whole family to ensure everyone compliments each other.

Don't be worried if baby wee's or poo's, i've seen it all before!

Bring anything you want in the photo's (special teddy, blanket, etc) and have these ready at the start of the session.

Bring older children snacks or toys to keep them amused until they are needed (or bring them back for a mini session)

If you're not wearing my outfits It's best to wear plain clothing (no strong patterns or logo's) for group photo's with the baby

The Studio is kept warm during the session so please dress yourself lightly

Paint your nails or remove nail polish as your hands will be in the photos

Do your hair and make-up as you would normally have it

Don't be worried about having photo's taken just because you don't feel great after giving birth, you won't get this chance again so enjoy it and trust me!

Your baby will control the session, I will endeavour to get those new squishy baby poses but I will not force your baby to do anything they aren't happy with doing.